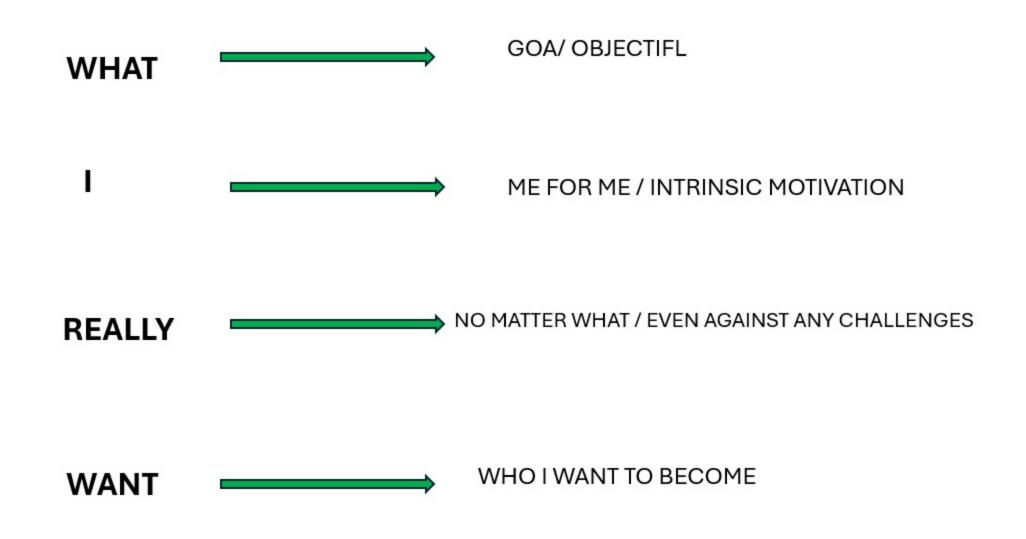
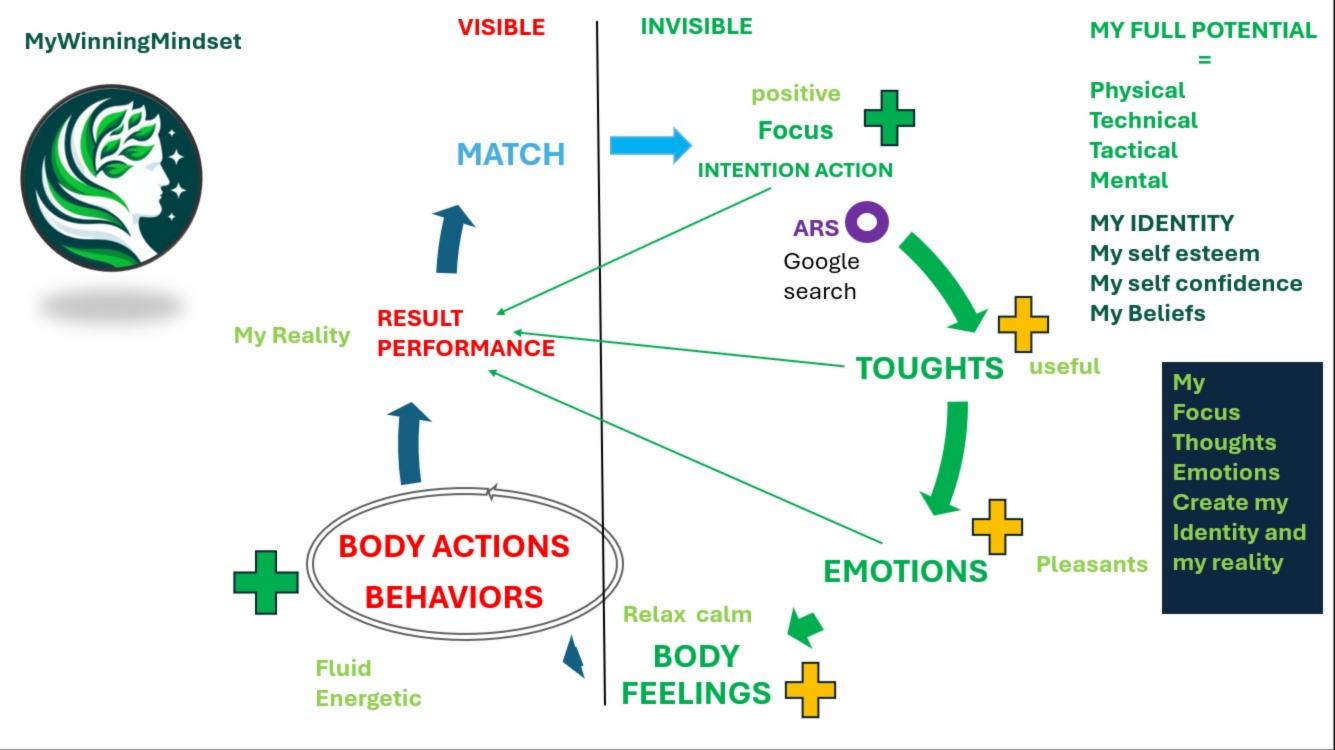
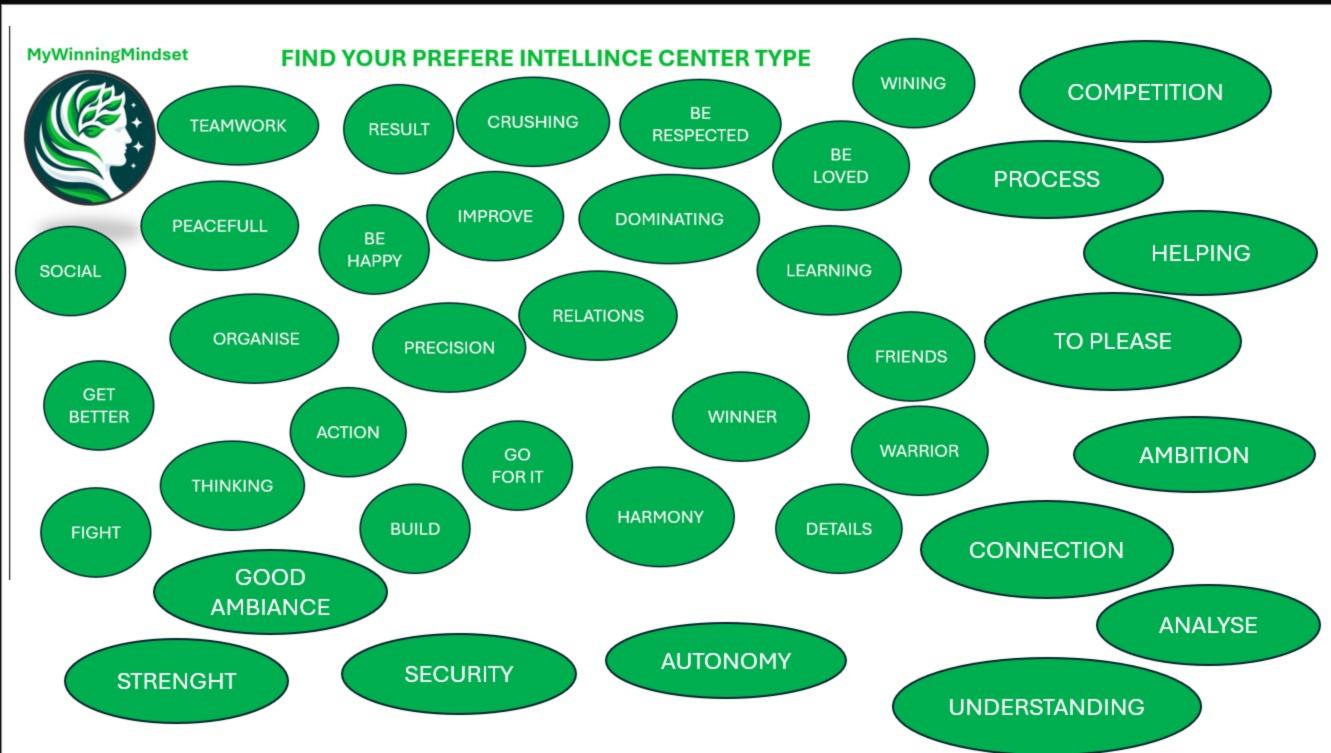
## MyWinningMindset



## What I really want?







## Focus /Intention/Action



Pleasure / win

WHO I WANT TO BECOME

My focus my attention are on Something I can control Go for my shots

I fully engage my body Fighting every balls

Give 110 % efforts intensity

My game plans

I'm feeling relax and confident

Fears / Avoiding

I focus on something I can't control
I don't want to miss my shots
I don't want take risks
I don't want lose this match
I'm tense and stressed
I don't have any energy
I want to escape this situation